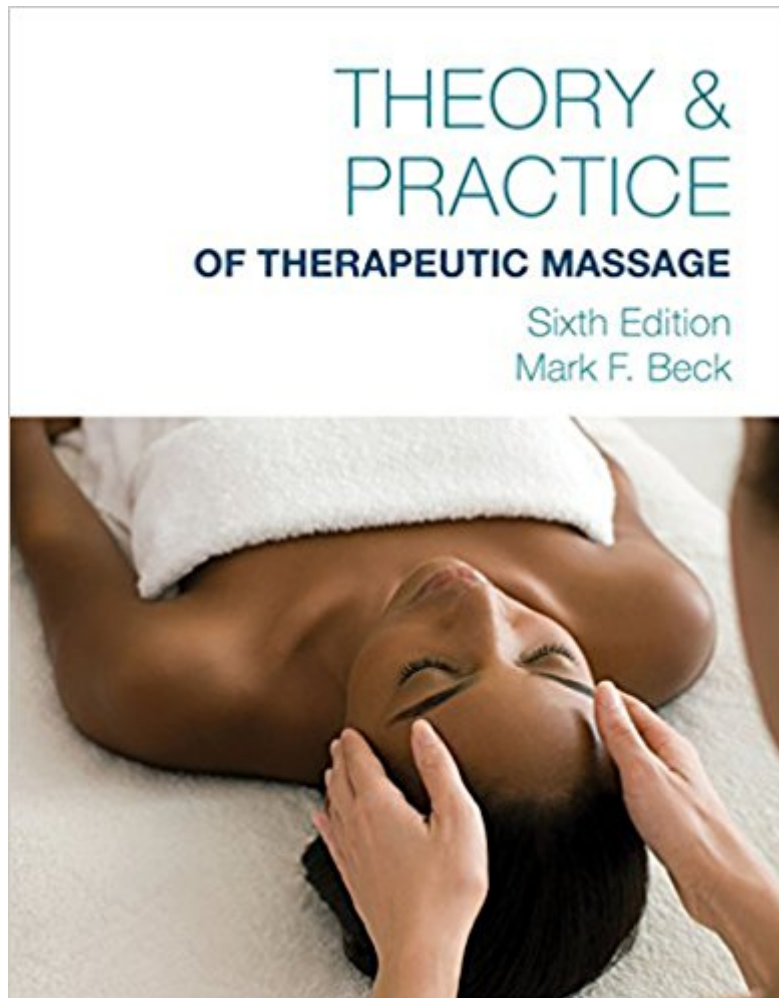




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# Theory & Practice Of Therapeutic Massage, 6th Edition (Softcover)



## Synopsis

Theory & Practice of Therapeutic Massage, Sixth Edition, comprehensively provides the foundation of knowledge required to become a massage professional. It delves into several areas within the profession, with chapters devoted to spa massage, lymph massage, clinical massage techniques, therapeutic procedure, athletic massage, massage in medicine, and more. Providing a fresh new design, updated terminology and expanded content on topics such as research literacy and business administration, this new edition provides the essential knowledge and skills needed to become a successful massage therapist and will be a reference that users can count on throughout their careers.

## Book Information

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Average Customer Review: 5.0 out of 5 stars 5 customer reviews

Best Sellers Rank: #89,772 in Books (See Top 100 in Books) #54 in Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Style & Clothing #61 in Books > Health, Fitness & Dieting > Alternative Medicine > Massage #4082 in Books > Textbooks > Medicine & Health Sciences

## Customer Reviews

"What a great book! I love that it is inclusive of a large variety of topics that students and practitioners need and use every day. I would recommend it for any student or practitioner of massage therapy and bodywork!" "This is a well thought out and well laid out book. The information is current and the publisher provides assistance to instructors, as well as visual aids." "I was impressed with the amount of practical massage therapy content that had been incorporated in a systematic approach that made the material easy to understand."

Mark Beck had been a Milady author since the first publication of The Theory and Practice of Therapeutic Massage in 1988. Mark began his professional career as a massage therapist in 1974. He started teaching massage in 1978 and became a massage school owner and director in 1980.

As school director for over 15 years, he developed curriculum, taught classes and continued a part time clinical practice. He served on the boards of a state and a national massage organization in different capacities including sec. of education, sec. of certification and president. In 1996 he earned a bachelor's degree in Vocational Education with an emphasis on massage therapy from the University of Idaho. A skiing accident in 1990 resulted in a C-6 spinal cord injury that landed Mark in a wheelchair with quadriplegia. That ended his active practice as a massage therapist but did not quell his dedication to the profession or his desire to provide the best possible information to thousands of students entering the profession by continually updating and refining The Theory and Practice of Therapeutic Massage. Mark continued to be an advocate for excellence in massage education and accessibility for the disabled until he sadly passed away in November 2016.

Received it sooner than expected. Very helpful in my class. Thank you

Just what I need it for my study!

A great way to refresh

The 6th additions include massive updates to be in align with current industry standards set through the Entry Level Assessment Project (ELAP) .It has three different step by step entry level massage sequences that assist the beginner in creating a great relaxation massage. By using this book you will cut down on supplemental readings, handouts and other books needed in teaching the industry recommended 625 hours massage program. Throw the old editions away! This text is so much better, I don't suggest using the old editions. Susan Beck, MTD, Idaho State University Massage Therapy Program.

I would like to buy the Spanish edition when you have it can you let me know at my email marileidy0487@hotmail.com I appreciate it thanks

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